# Measuring Your Feet

Getting your shoe in the right size is critical if you want it to feel as comfortable as possible. Follow these simple steps and then consult our sizing chart to find your perfect shoe size. Hint: It's best to measure your foot in the late afternoon or evening, as this is when they will be the most swollen.

1. The first step is to gather everything you'll need.
   • Two sheets of paper, each larger than your feet
   • A pen or pencil
   • Tape
   • A ruler or measuring tape
   • The socks you will be wearing with the shoes you're buying

2. Tape each sheet of paper to the floor.

3. Put on the socks – if it's a shoe that you'll be wearing barefoot, then skip this step and measure your sockless foot.

Measure this gap

4. Sit on a chair. Plant one foot firmly on the sheet of paper and bend your leg slightly forward so that your shin is just in front of your ankle. If you have someone else available to trace your foot, then stand upright on the paper and relax with your hands at your sides.
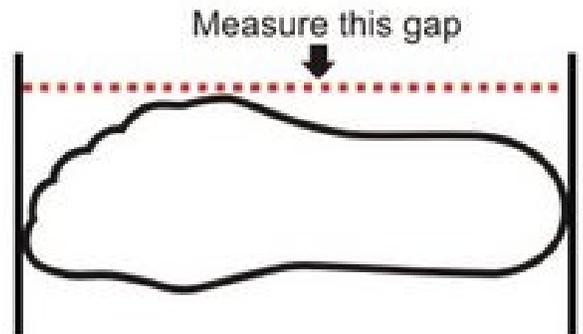
5. Trace the outline of your foot, keeping the pen or pencil aligned snugly against your foot and holding it upright and perpendicular to the paper. Don't hold it at an angle, as this will result in an inaccurate measurement. The same rule applies if you have someone else tracing your foot for you.

6. Use your pen or pencil to mark the length of your foot, from the longest toe to the back of the heel.

7. Write down the measurement in either centimetres or inches. Use the closest measure that you can find on your ruler. If you're using centimetres, use the nearest 1/4cm; if you're using inches, use the nearest 1/10".

8. Repeat this process with your other foot. It's important to measure both feet as everyone has slightly different sizes from one foot to the other, and for some people this might be a difference of a half to a full shoe size. Use the larger measurement to determine your shoe size.

9. Consult our sizing chart to find your perfect size!